

SESSION OUTLINE 7
Book 202, Man, Master of his Destiny

Omraam Mikhaël Aïvanhov
On-line Study Series
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SESSION OUTLINE

1. Introductions and Welcome
2. Any comments arising from the Daily Work since our last meeting
3. Round Table - Key Transformational Concepts from the reading - (What, So what?)
4. Discussion - Transformation Actions (Now What?)
5. Daily work for the next month - from Book 13
6. Next Monthly Video Conference - Date & Reading
7. Feedback on this session
8. Closure

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTERS 1-3)

What?	So What?	Now What?
Ch1 - Karma - in the second sense of the word - becomes operative whenever anyone does something which is less than perfect.	Dharma is the result of well-ordered, harmonious, beneficial actions. Someone who is capable of acting in that way frees himself from the dominion of fate and falls under the law of Providence.	Act unselfishly, then the consequences will not be painful but joyful and happy and liberating.
Part2 - The greatest of all moral laws: 'As you sow so shall you reap.' You cannot receive what you have not given...	Sooner or later this law will catch up with you and you will see its application in your own life. The only thing that matters is to know that everything is recorded. Absolutely everything.	You can create another, happier destiny for yourself only if you take care not to sow the seeds of darkness and destruction through your words, thoughts and acts.
Ch2 - 'You shall separate the subtle from the gross', means that you must separate the pure from the impure... Your whole future depends on it.	...wisdom, the most precious thing anyone could ever possess, would enable men to choose amongst all their desires and to satisfy only those which would not hinder their true development.	Just as you have to be careful to eat food, in the same way, on the level of your thoughts and feelings, you have to be on guard night and day against intruders.
Ch3 - Men's imaginative power is a truly creative faculty and if they learn to purify and cultivate it in perfect clarity and lucidity, it is capable of opening their eyes to realities which they have never dreamt of.	...if an artist wishes to create an unforgettable masterpiece which will last forever, he must take care not to restrict himself to the level of his five senses	... use prayer, meditation and contemplation as a means of creation... Prayer is like a union between the mother and the father

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTER 4)

What?	So What?	Now What?
Ch4 - Life in society is based on the law of exchange, also called the law of Justice.	If we can maintain a right balance between what we take and what we give, then we are just...otherwise one day we will have to pay and this will involve suffering for us.	As we cannot pay this debt with money, we must pay with love, gratitude and respect and with a will to learn what is written in Nature's book. Also we can do something good for another creature, when we communicate a little light and warmth to others
The disciple's task: to honour all his debts and obligations from now on, and even to pay more than he owes in order to free himself more rapidly.	So now I suggest that you work at this for the next few days: review your whole life and try to remember how you have behaved, what you have taken without giving in exchange, and from whom.	Then, go and find those people, apologize to them and pay them what you owe them or do something for them, saying, 'I didn't realize. I was blind. Please forgive me if I made mistakes and accept this or that so that we can be at peace with each other.'
Consecrate your life to God, make a request, day and night!	The Lords of Karma will hold a meeting, they will publish a decree to be proclaimed throughout all the regions of space, declaring that from such and such a date, at such and such a time, a change will take place in your life...	Say, 'Lord, I'm beginning to realize that without You, without Your light and intelligence, I'm worthless: I'm ashamed, disgusted and sick of myself and I'm ready to serve You and to do something for Your children and for the whole world.'
Part2 - Everybody who has ever wronged you and whom you have not wronged in return is obliged by the law to come and make amends to you, whether he likes it or not. His opinion is of no importance.	I most sincerely advise all the members of the Brotherhood therefore, to do everything in their power to settle their conflicts without creating more Karma for themselves. You should have recourse to a principle which is above justice, a principle of love, kindness and generosity.	Part3: If you think that someone who has wronged you fully deserves to be punished, you should speak to the Invisible World about it... 'So I'm asking you to intervene and right this wrong.'

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTER 5)

What?	So What?	Now What?
<p>Ch5 - The human organism is a microcosm, an exact replica of the universe, or macrocosm. Hence, between man and the universe there are points and zones which correspond...</p>	<p>...and the whole of esoteric science is based on this law of correspondences. Each organ of the human body has an affinity with a given region of the cosmos.</p>	<p>Thanks to the law of affinity – or resonance - we can establish contact with forces, centres and worlds in space which correspond to certain elements within us.</p>
<p>Whatever you do, good or evil, will necessarily come back to you one day. This law of affinity is the most important key, the great Arcanum, the magic wand. My whole life is based on it.</p>	<p>Every feeling you experience falls into a certain category and it goes out into space, awakening kindred forces which then come back to you in obedience to the law of affinity.</p>	<p>So be careful! You who know this law of affinity, the most potent law of magic and the foundation of the whole of creation, you must immediately set to work to attract to yourselves particles of so luminous a nature that you will begin to improve in every way.</p>
<p>It is the law of affinity which makes it possible for us to draw from the waters of the Cosmic Ocean the best elements, the most radiant and subtle elements with which to build our Body of Glory</p>	<p>We all have a potential Body of Glory within us, but we have to form it by giving it the materials it needs in order to grow, just as a mother nourishes the child in her womb.</p>	<p>this brings us back to the law of affinity: we must surpass ourselves in order to attract the purest and most luminous particles from the ocean of etheric waters and weld them to our Body of Glory (we are doing this at sunrise..)</p>
<p>Part2 - The Law of correspondences can be expressed in these words: when someone tunes in to what is perfection of intelligence, power, form, colour, perfume or beauty – he benefits from that perfection because he introduces it into his own being.</p>	<p>This law (or law of affinity) is the basis and foundation of all true religion. ... When you love God, there is an absolute law which says that the true beneficiary of that love is yourself and, through you, the whole world.</p>	<p>As soon as you do anything that touches this law you set in motion a process of aid and encouragement that eventually frees you from all your difficulty and suffering.</p>

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTER 6)

What?	So What?	Now What?
Nations and societies which have decided to get rid of God have, whether they realize it or not, begun to disintegrate.	Every time you do something wrong, you lose a tiny particle of vitality, freshness and charm, and in the end, even if you have gained materially, you will have lost your most precious assets.	do not let a single day go by without making contact with Heaven for, in this way, thanks to the law of affinity, you will trigger all kinds of processes which will have important repercussions. ...
Life of a disciple is turned on the axis of a central idea..	The life of the spirit helps us to build defences against the forces of evil and to muster our inner workers and assistants...	Cling to it, keep it always in mind, love it, call upon it. This is the only way to be sure of receiving the potent energies you need to keep you from being harmed by your inner enemies
Ch6 - According to Initiatic Science there are 3 worlds: the divine world- level of ideas, the psychic world - level of thoughts and feelings (it is on this level that we find the moral laws) and finally the physical world, the world of forms and materialization.	The material world is linked to the moral world which in turn is linked to the far higher world of ideas (divine world). The moral laws are engraved not only into our physical bodies but also into our souls and spirits.	From now on, therefore, try not to break any laws whether man-made or natural and, especially, try not to break the moral laws which are superior to the natural laws.
Humans need to be constantly reminded of their mission on earth, ' What are you here for? Try and remember! ' Remember? How can one remember?	In an Initiatic School, with the help of the great truths we learn and all the beneficial influences we receives, with the help of the angels, we begin to remember the world of light we came from and to which one day we will return.	One day you will be obliged to pay for all that you have taken dishonestly from others, make peace with them and atone for your faults, thereby paying off your Karmic debt, to free yourselves.
Become aware of the existence of that invisible, subtle level of life and learned to appreciate it. If you do, you will see what happens within you.	If you attain that level of perfection in your inner life, your vibrations and emanations will reach out to the whole world, even to the farthest star, and will bring back to you all kinds of blessings and happiness.	By the Law of echo... Heaven does not ask your opinion about what reward you would like: you are given exactly and precisely what you deserve.

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTER 7)

What?	So What?	Now What?
<p>Ch7 - Every living being, everything in creation in fact, has its duplicate, and in the same way everything you do, say, think or feel exists in duplicate. Everything is recorded.</p>	<p>When you do something that affects another, whether it be helpful or harmful, your original action fades and disappears but it leaves its imprint on you in the form of an exact replica.</p>	<p>Take all the elements God has given you, your powers of imagination, thought and feeling, and concentrate on projecting the most beautiful entrancing scenes onto the inner screen of your mind. Build the Temple of God within you.</p>
<p>Only the work we do ourselves is capable of transforming us, not what we have read or heard. In fact, our destiny is determined by the nature of our needs.</p>	<p>So, the only thing you can do now is to use the vast possibilities open to you to ensure that your next incarnation will be better. All is recorded, filed and computerized... The law of Memory ...</p>	<p>So work night and day to make new recordings, new patterns, new stereotypes to take the place of your old ones, which will gradually be erased.</p>

TRANSFORMATIONAL CONCEPTS⁸ (BOOK 202, CHAPTER 8)

What?	So What?	Now What?
<p>Ch8 - Belief in reincarnation is one of the corner stones of morality. So long as human beings are unaware of the existence of The Law of Cause and Effect which is operative from one incarnation to the next, no amount of preaching or sermonizing will ever do much good.</p>	<p>'Be perfect as your heavenly Father is perfect.' An acorn is the image of its father, the oak tree, it has all the same possibilities, but it hasn't the likeness, it does not resemble the oak tree until it has been planted and grown to maturity.</p>	<p>Use the vast possibilities open to you to ensure that your next incarnation will be better – work night and day to make new recordings, new patterns, new stereotypes to take the place of your old ones.'</p>
<p>Once you know and acknowledge this law of reincarnation the light is yours, warmth is yours: you can rejoice in the thought that you will attain your goal of perfection, and life is yours, you become full of initiative in the creation of your own future.</p>	<p>So... we should recognize that, whatever hardships we may have to put up with, they are the direct result of our own past faults.</p>	<p>'Before the sun sets, go and forgive your brother.'</p>
<p>Four different categories as far as the law of reincarnation is concerned...</p>	<p>The 1st category : those who are so ignorant, so lacking in all inner light.. the 2nd group: evolved beings who try to develop the virtues that will lead to their freedom. 3rd group return to earth in order to carry out certain specific tasks, some are filled with compassion for humanity and choose to leave this sublime state and return to earth to help mankind. 4th are those who wish to continue a spiritual task begun on earth and without actually incarnating, enter into the body of another highly evolved being on earth, and work through him.</p>	<p>You will never know freedom until you have paid all your debts and wiped out your Karma. Every time you show generosity and kindness, every time you give, every time you sacrifice yourself, you work toward your liberation.</p>

TRANSFORMATIONAL CONCEPTS (BOOK 202, CHAPTER 8 CONTD.)

What?	So What?	Now What?
<p>Everything is connected to everything else, every living thing is part of the Cosmos, and nothing can appear in Heaven or earth without the consent of all Creation...'</p>	<p>Man is like that clockwork train: he is wound up just enough to live a certain number of years and, like the train, he encounters certain 'obstacles', tunnels or bridges, at different stages of his journey.</p>	<p>That is why you must work to develop harmony in your lives, try to be as harmonious as the stars and every other natural phenomenon in the universe, otherwise someone or something will forever be causing you trouble.</p>
<p>The spirit is beyond the reach of destiny, it is governed by the laws of Providence.</p>	<p>Divine life begins when a man realizes that he is also a spiritual being and that he is meant to act and create in the realm of the spirit. Those who work ardently and do all they can to enter the world of love and light may escape. if you work and 'save' on the spiritual level you can avoid any</p>	<p>If you work and 'save' on the spiritual level you can avoid any accident, illness or financial disaster that may otherwise be in store for you.</p>

NEXT MONTH – DECEMBER SESSION

- Session Date: Sunday January 25, 2015
- **Moral Laws & Reincarnation**, Izvor book 202
- Make a note of Key Transformational Concepts as you go
- Select 1 or 2 to share during our conference
- Keep a Reflective Journal
- Share if you wish with the group on Facebook
- I am available if you have questions 😊

MONTHLY PROGRAMME MAY-NOVEMBER

- 11 May, **Solar Civilisation**, Izvor book 201
- 8 June, **Respiration, Gymnastic & Nutrition**, Book 13
- 6 July, **Man's Psychic Life**, Izvor book 222
- 3 August, **Introduction to the Sephirotic Tree**, Izvor book 236
- 7 September, **Man's Subtle Bodies**, Izvor book 219
- 2 November, **The Powers of Thought**, Izvor book 224
- 6 December, **Man, Master of his Destiny**, Izvor book 202

Note: Readings are provisional at this point and may be revised

MONTHLY PROGRAMME MAY-NOVEMBER

- 25 January, **Light is a living Spirit**, Izvor 212
- 22 February, **The true Meaning of Christ's Teaching**, Izvor 215
- 22 March, **Freedom, the Spirit triumphant**, Izvor 211
- 26 April, **The Path of Silence**, Izvor 229
- 24 May, **The Mysteries of Fire and Water**, Izvor 232
- 27 June, **Looking into the Invisible**, Izvor 228

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COURSE MATERIALS

This slide pack will be uploaded to the Facebook Initiatic Teaching Group and on Journey with Omraam Mikhael Aivanhov website :

<http://with-omraam.com/groups/>

Please click 'Join Group' and then click on Media then Documents Tab.
If you have not registered, you will need to do this. Here are the instructions

<http://with-omraam.com/register-log/>

Thank you for your time 😊
and look forward to keeping in touch on Facebook
Merry Christmas to all of you and Happy New Year 2015!

